



Central Pennsylvania Teamsters GUARDIAN



September 2007

Health and Welfare/Pension Guardian Newsletter

Reading, PA

Letter from the Central Pennsylvania Teamsters Pension Fund Board of Trustees:

"...we are instituting improvements designed to make a system that is already very good even better."

Dear Participants in the Central PA Teamsters Pension Fund:

As part of the settlement agreement of March 19, 2006 resulting from the lawsuit of Drake Saxton, Jimmy Little, Thomas C. Dudley, vs. Central Pennsylvania

Teamsters Pension Fund, Trustees, & Administrator, it was concluded that an independent, experienced and competent financial services organization assist the Fund in evaluating various aspects of the Fund's operation and investment program.

The Trustees of the Fund and the Saxton plaintiffs agreed to select Independent Fiduciary Services, Inc. (IFS) to conduct this evaluation. Both sides chose IFS because the firm has an excellent reputation, having over twenty years of experience in conducting operational reviews of pension plans throughout the United States. Everyone connected with the Saxton litigation viewed IFS as having the fairness and expertise necessary to conduct this evaluation of the Fund's investment practices.

The extensive list of items reviewed included the following: Investment Policy, Asset Allocation, Retainer Consultant's Responsibilities, Investment Management Structure, Investment Performance, Investment Reporting and Monitoring, Performance Benchmarks, Due Diligence Procedures, Costs and Fees, Investment-related Organizational Structure and Actuarial Review-Mortality Assumptions.

The Board of Trustees fully cooperated with IFS. The Fund staff spent several days compiling responses to the detailed questions and document requests. In addition, both Trustees and staff members participated in interviews in which they

answered all questions posed by representatives of IFS.

IFS issued its first final report concerning evaluation of the Fund's investment practices in December 2006. So that there is no misunderstanding as to IFS's basic conclusion, we shall quote the following language found on page 3 of the IFS report:

"The results of this review demonstrate that the Fund is generally in line with best practices in terms of much of its investment program and many of our recommendations should be considered as enhancements or a recommendation that current practices be continued in the future."

We are currently studying the various recommendations contained in the IFS report and we anticipate adopting most of these recommendations. However, we ask you to remember the "bottom line" of the IFS report – the majority of the Fund's policies are already in line with the "best practices" for investing. Therefore, any changes that we adopt are not radical departures from what we are already doing. Rather, we are instituting improvements designed to make a system that is already very good even better.

The Agreement calls for IFS to provide a "Second Report" and a "Third Report" evaluating whether the Fund and its Board of Trustees have implemented the recommendations made in the First Report and whether the implementation steps and status seem reasonable. The Second Report is scheduled for approximately 18 months after the First Report and the Third Report is scheduled for approximately 18 months after the Second Report is submitted.

This process was expensive. IFS's fee for conducting this review will ultimately amount to \$300,000. This does not include the staff time,

(Continued on page 2)

Letter from the Central Pennsylvania Teamsters Pension Fund Board of Trustees

(Continued from page 1)

the cost of photocopying dozens of documents, and other costs of compliance with the requests. We regret that the Saxton plaintiffs made us undergo this review as part of the steps needed to end their litigation, because we believe that the money could have been better used to pay for pension benefits for our participants and beneficiaries. However, most of the review process is complete and we are heartened that IFS, an objective outside observer with well-established credentials, has recognized that our investment program is in line with what it describes as the "best practices."

Last year, our investment managers posted returns for the Defined Benefit Plan of 16.6%, for RIP 1987 of 16%, and for RIP 2000 of 14.1%. We think that these returns, which surpassed both the relevant benchmarks and the returns of other Teamsters plans with which we are familiar, provide further evidence that our investment program is in line with the "best practices." We shall work hard to keep this record intact.

Sincerely,

*BOARD OF TRUSTEES
CENTRAL PA TEAMSTERS PENSION FUND*

Please note:

Collecting Health & Welfare or Pension benefits using false or misleading information is considered to be fraud by the Fund Office. Some examples of this would be: a dependent continuing medical coverage after he or she is no longer eligible for benefits (such as in the case of a divorce) or an individual who collects a deceased retiree's pension benefits without notifying the Fund Office of the retiree's death. The Fund Office must be notified of any active or retired member's divorce or death as soon as possible.

Any benefits which are paid based on misleading information or a misrepresentation of information must be repaid to the Fund. The Fund reserves the right to prosecute to the fullest extent of the law.

Is Your Pension Plan Beneficiary Designation Current?

If you have had a change in marital status, you may need to update your beneficiary information.

If you are covered under the Central Pennsylvania Teamsters Pension Plan, you should have completed a Designation of Beneficiary form when you first became eligible for employer contributions to the Central PA Teamsters Pension Fund. Have you kept your beneficiary information up-to-date? If you have had a change in marital status, you may need to update your beneficiary information. The forms are available on the Central PA Teamsters website www.centralpateamsters.com or by contacting the Pension Department.

Emergency Room Co-pay Goes Into Effect on July 1, 2007

Please remember that, effective July 1, 2007, there is a \$50 co-pay for emergency room visits. The co-pay is waived only if admitted. New insurance ID cards were mailed to members that included the co-pay information. Please replace your old card with the new one if you have not done so already. Contact the Health & Welfare Department if you did not receive your new insurance ID card.

March 31, 2007 Retirement Income Plan Returns

The following are approximate net returns for the Central PA Teamsters RIP 1987 and RIP 2000 retirement plans for the 3 month period ending March 31, 2007. The net returns equal gross investment returns less investment and administrative expenses plus the reallocation of forfeited account balances from terminated non-vested participants who incurred a 5-year break in service.

<u>Plan</u>	<u>Approximate Net Return</u>
RIP 1987	2.4%
RIP 2000	2.1%

For more information and updates on investment returns, visit the Central Pennsylvania Teamsters website, www.centralpateamsters.com. Click on Pension/Reports and Notices.

Suspension of Benefits Q&A

As was noted in the March, 2007 edition of the *Guardian*, a new Suspension of Benefits notification procedure was approved by the Board of Trustees on February 22, 2007. The Fund Office has received many inquiries recently about the new notification procedure as well as the Suspension of Benefits rules. The following is a description of the Suspension of Benefits rules as well as of the new policy in a question and answer format. If you have further questions, please contact the Pension Department.

What are the Suspension of Benefits Rules?

The complete Suspension of Benefits rules can be found under the Pension section of the Central Pennsylvania Teamsters website www.centralpateamsters.com. The following is a summary of the rules:

Retirement benefits may be suspended during any period in which a retired employee returns to active service under certain circumstances with certain employers described below. Specifically, if you are under age 70½, your monthly pension benefits may be suspended for any month in which you:

- Are paid more than 56 hours. However, the 56-hour limit does not include pay for vacation, sick time, holidays, disability or severance.
- Worked in the same trade or craft that you worked as a Teamster, and
- Worked in the same geographic area covered by the Pension Fund, regardless of whether the pay is for working or non-working hours.

In addition, effective June, 2003, the Fund will not suspend the benefits of individuals who have attained age 67, have participated only in the Fund's Defined Benefit Plan, and whose total monthly benefit does not exceed \$150. This rule applies only to individuals who work for a contributing employer in a position for which contributions to the Fund are not required.

Also, effective June 2004, the Fund will not suspend the portion of a retired employee's benefits that were earned prior to January 1, 1987 unless the retired employee is working for an employer that is a successor to such employer or an affiliate of such an employer.

What Benefits Fall Under the Suspension of Benefits Rules?

Retirement benefits payable under Central

Pennsylvania Teamsters Defined Benefit Plan, Retirement Income Plan 1987 and Retirement Income Plan 2000 fall under the Suspension of Benefits Rules.

How Has the Suspension of Benefits Notification Policy Changed?

Old Policy: Prior to February 22, 2007, the Fund Office required that retired employees notify the Fund Office if they are working or intend to work in order to determine if the work is in violation of the Suspension of Benefits rules. In addition, prior to February 22, 2007, the Fund Office randomly selected and contacted retirees to complete a questionnaire in order to determine if these individuals were complying with the Suspension of Benefits Rules.

New policy: Retired employees are still required to notify the Fund Office if they are working or intend to work in order to determine if the work is in violation of the Suspension of Benefits rules. Beginning on February 22, 2007, however, and every year thereafter, affected retired employees will be mailed an Annual Employment Certification form, which they will be asked to complete and return. A portion of these mailings will be sent each month until all affected retirees have been contacted.

What is the Fund Office Notification Procedure?

Retirees who are subject to the Suspension of Benefits rules will be mailed an Annual Employment Certification form every year. The Fund Office requests that the forms be completed and returned within 30 days. If the Fund Office does not receive the completed form within 30 days, a second form will be mailed. If the second form is not completed and returned within 15 days, the affected retiree will be notified that their benefits will be suspended.

What is the Fund Office Suspension Procedure?

IMPORTANT. Please note: If the Annual Certification Form is not returned within the time frame noted above, or if it is determined that a retired employee is in violation of the Suspension of Benefits rules, benefits will be suspended and will remain suspended until the Fund Office determines that the retired employee is no longer working in suspendible employment.

Central Pennsylvania Teamsters Health and Welfare Fund Prescription Drug Benefits

PRESCRIPTION PLAN BENEFITS UNDER PLANS 13, R4 AND R5

If you are covered under Plan 13, R4 or R5 your prescription information is listed below.

Negative Formulary List*

Aciphex	Celebrex	Effexor	Paxil	Relenza	Vioxx
Advicor	Celexa	Lamisil	Pepcid***	Rozerem	Vytorin
Allegra	Clarinet	Lexapro	Pravachol	Sarafem	Zantac***
Altprev	Crestor	Lipitor	Prevacid	Sonata**	Zegerid
Ambien**	Cymbalta	Lunesta**	Prilosec***	Sporanox	Zetia
Axid	Daypro	Mevacor	Protonix	Tagamet	Zocor
Bextra	Diflucan	Nexium	Prozac	Tamiflu	Zoloft
					Zyrtec

AND ALL INJECTABLES (EXCLUDING INSULIN AND IMITREX)

EFFECTIVE JULY 1, 2007, TREPADONE WAS ADDED TO THE NEGATIVE FORMULARY LIST.

*Please note that this listing is subject to change. Participants will receive notification (via newsletter, mailings, etc.) of additions and/or deletions.

By law, controlled substances cannot be mail ordered. *Over the counter dosages are not covered.

MAIL ORDER COPAYMENTS

\$15 Generic for up to a 90 day supply

\$30 Brand for up to a 90 day supply

\$60 Negative Formulary for up to a 90 day supply

RETAIL PHARMACY COPAYMENTS

\$5 Generic for up to a 34 day supply

\$15 Brand for up to a 34 day supply

\$30 Negative Formulary for up to a 34 day supply

PRESCRIPTION PLAN BENEFITS UNDER PLAN 14

If you are covered under Plan 14 your prescription information is listed below.

PLAN 14 – Option Levels A, B & C

Negative Formulary List*

Aciphex	Celebrex	Effexor	Paxil	Relenza	Vioxx
Advicor	Celexa	Lamisil	Pepcid***	Rozerem	Vytorin
Allegra	Clarinet	Lexapro	Pravachol	Sarafem	Zantac***
Altprev	Crestor	Lipitor	Prevacid	Sonata**	Zegerid
Ambien**	Cymbalta	Lunesta**	Prilosec***	Sporanox	Zetia
Axid	Daypro	Mevacor	Protonix	Tagamet	Zocor
Bextra	Diflucan	Nexium	Prozac	Tamiflu	Zoloft
					Zyrtec

AND ALL INJECTABLES (EXCLUDING INSULIN AND IMITREX)

EFFECTIVE JULY 1, 2007, TREPADONE WAS ADDED TO THE NEGATIVE FORMULARY LIST.

*Please note that this listing is subject to change. Participants will receive notification (via newsletter, mailings, etc.) of additions and/or deletions.

By law, controlled substances cannot be mail ordered. *Over the counter dosages are not covered.

MAIL ORDER COPAYMENTS

	<u>Option A</u>	<u>Option B</u>	<u>Option C</u>
Generic for up to a 90 day supply	\$15.00	\$30.00	\$30.00
Brand for up to a 90 day supply	\$30.00	\$40.00	\$60.00
Negative Formulary up to a 90 day supply	\$60.00	\$80.00	\$100.00

RETAIL PHARMACY COPAYMENTS

	<u>Option A</u>	<u>Option B</u>	<u>Option C</u>
Generic for up to a 34 day supply	\$5.00	\$10.00	\$10.00
Brand for up to a 34 day supply	\$15.00	\$20.00	\$30.00
Negative Formulary up to a 34 day supply	\$30.00	\$40.00	\$50.00

Special Annual Notices

Employer Group Coverage Requirements under USERRA

The Uniformed Services Employment and Reemployment Rights Act (USERRA), prohibits discrimination against persons because of their service in the Armed Forces Reserve, the National Guard, or other uniformed services.

USERRA requires that employees who are called up to active service and who are eligible for their employer's group health coverage must be allowed to continue their health coverage for themselves, their spouse and their dependent children. Individuals electing continuation of coverage on or after December 10, 2004 can elect coverage for up to 24 months. Prior to December 10, 2004, eligible individuals could elect coverage for up to 18 months.

The Act also requires that your employers provide an annual notice of USERRA rights and obligations to employees entering military service. This notice requirement can be met by posting the notice in a location where the employer customarily places notices to employees. The requirement also applies to unions that operate hiring halls.

Please call your employer or the Fund Office if you have questions about your USERRA rights. ●

The Women's Health and Cancer Rights Act of 1998

Under a federal law called the Women's Health and Cancer Rights Act of 1998, the Fund is required to provide you with an annual notice of your rights under this Act. Please consider this information as the annual notice for 2007 of your rights under this important federal law.

The Women's Health and Cancer Rights Act requires the Fund to provide benefits for mastectomy-related services, including reconstruction of the breast on which the mastectomy was performed and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema. Any Fund deductibles and co-payments that apply to other conditions also apply to the treatment related to the mastectomy. You should feel free to contact the Fund Administrator if you have any questions about your coverage. You can reach the Fund Administrator at 610-320-5500.

This coverage is available under all plans of the Central Pennsylvania Teamsters Health and Welfare Fund and is subject to the relevant plan's deductibles and coinsurance provisions.

If you have any questions regarding this coverage, please contact the Fund Office. ●



Living Well

The following article is for informational purposes only. Be sure to consult with your physician for complete medical information and diagnoses.

Ready to Quit Smoking?

Certain prescription smoking cessation treatments are covered under the Central PA Teamsters Health & Welfare Fund's prescription plan through General Prescription Programs (GPP). Some brands of smoking cessation medication also provide access to support programs as part of the cost of the prescription medication. Ask your doctor if you are a candidate for smoking cessation prescription medication and ask about any support programs which may be offered when purchasing the medication.

In addition, check out these websites for information and resources to help you quit smoking:

Quitnet (www.quitnet.com)

This site offers the ability to create a customized quit plan, as well as advice, tips, and support from other participants.

The American Lung Association (www.lungsusa.org)

This organization offers the "Freedom from Smoking" program online free of charge.

Smokefree.gov (www.smokefree.gov)

This program provides honest answers to why quitting tobacco use is so difficult, reasons to quit, advice on quitting, and ways to fight urges once you've stopped. ●

Death Benefits Improved Effective July 1, 2007

Effective on July 1, 2007, the Fund's Death and Accidental Death and Dismemberment Benefits are insured by Aetna.

Also effective July 1, 2007, the Death and Accidental Death and Dismemberment Benefits was increased for those participants covered under Plan 13 and participants who have the Optional Death and Accidental Death and Dismemberment Benefit coverage under Plan 14.

For those covered under Plan 13 and Plan 14 Option A, the Death and Accidental Death and Dismemberment Benefit was increased from \$25,000 to \$35,000. For those covered under Option B, benefits have been increased from \$15,000 to \$20,000. For those covered under Option C, benefits have been increased from \$7,500 to \$10,000.

In addition, Death Benefits for dependent children was increased from \$1,000 to \$2,000. Death Benefits for a spouse remains at \$2,000.

Aetna's death benefit coverage includes:

- Death due to accidental exposure or disappearance
- Coma Benefit
- Child Care Benefit
- Education Benefit for child/spouse
- Seatbelt and Airbag Benefit
- Accelerated Death Benefit
- Repatriation of Remains Benefit (200 or more miles from home)

Aetna's dismemberment benefit coverage includes:

- Sight, Speech and Hearing
- Quadriplegia, Paraplegia, Hemiplegia, and Uniplegia
- Third degree burns

Aetna also offers a Legal Reference Program, www.ichooselegal.com, to participants and their immediate family members. The program offers free access to a glossary of legal terms and access to web sites that focus on popular areas of law. The sites provide information on a variety of legal topics that include:

- Adoption
- Consumer protection
- Debt collection
- Estate planning
- Identity theft
- Immigration
- Tax/IRS issues

The program also provides users with the ability to create a free Living Will and offers free Health Care and Durable Financial Power of Attorney forms through the www.ichooselegal.com website.

In addition to the above, members and their spouses are entitled to Basic Will preparation services via the website at no cost. ●

Student Verification Letters Due to the Fund Office by September 30, 2007

Eligible dependent children 19 years of age or older who are full-time students may continue their Health & Welfare coverage until the end of the month following their 23rd birthday provided proof of full-time enrollment is received by the Fund each year from the school they are attending. Students may not continue Health & Welfare coverage if they are employed full-time (with the exception of summer employment).

Important: Please contact the institution of higher learning at the start of the fall semester to have this information forwarded to the Fund Office by September 30, 2007. Failure to provide this information to the Fund by September 30, 2007 will result in the cancellation of benefit

coverage for this dependent. The dependent will then be offered COBRA continuation coverage in accordance with federal law.

If at any time your child stops attending school or is no longer considered an eligible full-time student, please contact the Fund Office immediately. Coverage ceases when the student is no longer attending school full-time. If benefits are paid by the Fund on behalf of the dependent after they are no longer considered a full-time student, a refund of all benefits paid after that date will be requested.

If you have any questions, please contact the Contributions/Eligibility Department at the Fund Office.

Moonlighting/Self-employment

The Fund does not cover participants or eligible dependents for illnesses or injuries which arise as a result of performing non-covered employment for wage or profit. Any time a service is rendered for wage or profit, there are no benefits (**i.e. medical, short-term disability, etc.**) payable by the Fund. Non-covered employment means any employment for which contributions are not made to the Fund. Unfortunately, in the past, there have been cases where the individual was performing odd jobs, i.e. painting, roofing, etc. for which services they received payment. The individual was then injured while performing the job and as a result all

bills and short-term disability benefits were denied. If you or your spouse intend to render services or be self-employed in any capacity for which a wage or profit is received, you must have the appropriate liability coverage to cover any injuries or illnesses which arise as a result of performing such services.



Motor Vehicle Accidents

You should contact your motor vehicle insurance carrier to evaluate the extent to which you are covered for wage loss benefits as a result of a motor vehicle accident.

There is a misconception with regard to the coverage provided by the Fund when the claim is the result of an injury due to a motor vehicle accident. In accordance with Plan provisions, the Fund will **only** cover medical expenses on a subrogated basis once the maximum liability has been paid by the motor vehicle insurance carrier. The Fund will **not** provide coverage for short-term disability benefits (except for the first 5 days of missed work). The only time the Fund will pay more than 5 days of short-

term disability is when written proof is submitted verifying that the state in which you reside does not allow you to purchase wage loss protection from your motor vehicle insurance carrier. Check with your motor vehicle insurance carrier to ensure that your policy carries at least the minimum coverage required by the state in which you reside. In addition, the Fund Office recommends that you contact your motor vehicle insurance carrier to evaluate the extent to which you are covered for wage loss benefits as a result of a motor vehicle accident. Do not wait until you have an accident to find out you have no wage loss coverage under your policy. Payment for the first 5 days of short-term disability benefits **does not** apply to motorcycle accidents. There are **no** short-term disability benefits payable for injuries sustained as a result of a motorcycle accident. ●

It Pays to Take the Health Risk Assessment!

Take the HRA and be entered in a drawing to win a \$50 VISA gift card!

Members who take the Health Risk Assessment before December 31, 2007 will be eligible to win one of eight \$50 VISA gift cards, compliments of HealthAssurance.

Don't delay...take the HRA today! Log on to www.centralpateamsters.com. Click on "Wellness Links" and "Central PA Teamsters Wellness Program." It only takes about 15 minutes! The Wellness Program page contains the Health Risk Assessment link.

RETIREES APPROVED FOR PENSIONS

February 2007 through July 2007

For the month of February, 2007

Name	Local	Employer
ADAMS, MARTIN C.	776	W & L SALES COMPANY, INC.
BAUSHER, DONNA	429	LENTZ MILLING COMPANY
BENNETT, MICHAEL T.	776	UNITED PARCEL SERVICE, INC.
BIGGINS, THOMAS G.	776	UNITED PARCEL SERVICE, INC.
BIXLER, MICHAEL G.	771	JOHN S. EWELL, INC.
BRIGGS, JR. GERALD C.	776	FLEMING COMPANIES, INC.
BROWN, GAIL G.	773	TEAMSTERS LOCAL UNION 773
BURKHOLDER, DENNIS A.	999	ARKANSAS BEST FREIGHT SYS., INC.
CHANGO, REYNOLD R.	776	CONSOLIDATED FREIGHTWAYS
CLARK, ROBERT A.	773	WHIPPANY PAPER BOARD CO., INC.
COOK, JERRY ALAN	771	YELLOW FREIGHT SYSTEM, INC.
COOMBE, DALE B.	764	NEW PENN MOTOR EXPRESS, INC.
CROWDER, JERRELL W.	776	ARKANSAS BEST FREIGHT SYS., INC.
CUTAIAR, JAMES R.	776	ROADWAY EXPRESS, INC.
CUTTING, LAWRENCE H.	771	YELLOW FREIGHT SYSTEM, INC.
DERR, JACOB C.	429	COTT BEVERAGES WYOMISSING, INC.
DESA, THOMAS	229	ROADWAY EXPRESS, INC.
DRUCK, LARRY D.	776	FLEMING COMPANIES, INC.
ECKERD, WALTER F.	771	YELLOW FREIGHT SYSTEM, INC.
ECKMAN, DOUGLAS M.	771	PENNCAST CORPORATION
EVERITT, JR. LEVERE E.	773	EASTERN AFFILIATED SERVICES CO.
FESSLER, DONALD F.	429	PRESTON TRUCKING CO., INC.
FLOYD, WILLIAM B.	776	W & L SALES COMPANY, INC.
FRANCIS, CAROLE	229	UNITED PARCEL SERVICE, INC.
FRANTZ, NILES H.	773	PENNA TRUCK LINES, INC.
GRIESEMER, JAMES H.	429	ASSOCIATED WHOLESALERS, INC.
HERBEIN, EDWARD E.	429	STROEHMANN BAKERIES, L. C.
HOCH, TERRY LEE	776	KELLOGG'S SALES COMPANY
HOLLENBACH, EARL E.	429	ASSOCIATED WHOLESALERS, INC.
HOWELL, JR. WILLIAM J.	229	ROADWAY EXPRESS, INC.
KERSTETTER, ALAN D.	771	KEREK AIR FREIGHT CORP.
KING, HARVEY	771	HERMAN R. EWELL, INC.
KIPP, RODNEY R.	771	YELLOW FREIGHT SYSTEM, INC.
KLINGER, KEITH K.	776	ROADWAY EXPRESS, INC.
KREISCHER, WILLIAM L.	764	UNITED PARCEL SERVICE, INC.
KUHN, JR. JOHN	776	ROADWAY EXPRESS, INC.
MANZANO, MARIA A.	229	HARPER COLLINS PUBLISHERS, INC.
MASON, JOHN R.	429	SCHROCK CABINET COMPANY
MAURER, SUSAN L.	429	ASSOCIATED WHOLESALERS, INC.
MCMAMARA, TIMOTHY J.	229	ROADWAY EXPRESS, INC.
MILLER, JANICE MAY	771	YELLOW FREIGHT SYSTEM, INC.
MOHN, SR. RANDALL	429	BIRDSBORO SLAG PRODUCTS, INC.
NEUBAUER, STEVEN J.	776	FLEMING COMPANIES, INC.
PAUL, EUGENE R.	776	PRESTON TRUCKING CO., INC.
PEREZ, LUIS F.	429	LENTZ MILLING COMPANY
RANSON, MICHAEL J.	771	YELLOW FREIGHT SYSTEM, INC.
RAXASENA, SIMON B. A.	429	COTT BEVERAGES WYOMISSING, INC.

For the month of February, 2007

Name	Local	Employer
ROMANINSKY, GERARD	229	TOPPS CHEWING GUM, INC.
ROSA, ROBERT F.	773	EASTERN INDUSTRIES, INC.
SABOL, FRANK	764	BRANCH MOTOR EXPRESS CO.
SCHAEFFER, RICHARD	773	EASTERN INDUSTRIES, INC.
SELLERS, RONALD A.	771	YELLOW FREIGHT SYSTEM, INC.
SHAFFER, GERALD C.	764	INTERSTATE MTR. FREIGHT SYS., INC.
SHEARER, DARYL D.	776	LEVINSON STEEL COMPANY
SMITH, CHARLES E.	771	HERMAN R. EWELL, INC.
STEFFY, G. ROBERT	771	YELLOW FREIGHT SYSTEM, INC.
STOLTZFUS, CLIFFORD E.	771	JOHN S. EWELL, INC.
STROHL, LEROY S.	773	FRANTZ BROTHERS, INC.
TALLADA, WILLARD A.	229	J. D. M. MATERIALS CO., INC.
VITALOS, RICHARD L.	773	P I E NATIONWIDE, INC.
WARNICK, JAMES V.	776	ARKANSAS BEST FREIGHT SYS., INC.
WERNER, DARLENE S.	429	POWER PACKAGING, AN EXEL CO.
WILLIAMS, CLARENCE	776	MOTOR FREIGHT EXPRESS, INC.
WIRTH, GEORGE P.	229	PENN AUTO SERV. & SUPPLY CO., INC.
WITMER, JR. LEROY	429	KURTZ BROS CONCRETE, INC.
WUDARSKI, JOSEPH	229	LWR LACKAWANNA VLLY SEWER ATH.
YAKALAVICH, MICHAEL	401	PITTSTON LUMBER COMPANY

For the month of March, 2007

Name	Local	Employer
BARLETTA, SAMUEL A.	229	CONSOLIDATED FREIGHTWAYS
BUHL, TEX L.	764	PRESTON TRUCKING CO., INC.
BURKERT, JR. LEONARD F.	773	LEVEL LINE PENN-EAST, INC.
BURNS, GENE G.	773	SCHWERMAN TRUCKING CO.
CSASZAR, STEPHEN M.	773	COCA-COLA BTLNG CO., LEHIGH VLLY
DANOWSKI, DAVID A.	429	ASSOCIATED WHOLESALERS, INC.
DILCHERD, ROBERT F.	773	UNITED PARCEL SERVICE, INC.
DOMIANO, MARTIN	229	HARPER COLLINS PUBLISHERS, INC.
EDLEBLUTE, MICHAEL E.	771	YELLOW FREIGHT SYSTEM, INC.
FENNER, SR. WARREN	773	COCA-COLA BTLNG CO., LEHIGH VLLY
FRANTZ, ROBERT T.	773	SCHWERMAN TRUCKING CO.
HILL, GARY	429	GENERAL COMMODITIES WAREHOUSE
HOBBS, KATHLEEN	229	HARPER COLLINS PUBLISHERS, INC.
KANE, SR. THOMAS J.	429	THE BACHMAN COMPANY
KELLER, RONALD WADE	776	USF RED STAR
KIBLER, RANDY LEE	773	EASTERN INDUSTRIES, INC.
KLINE, JOHN R.	773	MAKOVSKY BROTHERS, INC.
KOLLER, GALEN E.	429	RDG. COCA COLA BOTTLING WORKS
KONOWALL, JOHN F.	773	LIQUID CARBONIC CARB. DIO CORP.
LAU, DAVID	776	ROADWAY EXPRESS, INC.
LEID, MARVIN R.	429	MAIERS BAKERY
LENKER, RANDY L.	776	DRIVERS, INC.
LEONARD, DENNIS L.	776	HALLS MOTOR TRANSIT CO.

For the month of March, 2007

Name	Local	Employer
MICKEY, PERRY E.	771	YELLOW FREIGHT SYSTEM, INC.
MILLER, DALE O.	764	MASON & DIXON LINES, INC.
NEWTON, ROBERT L.	429	COTT BEVERAGES WYOMISSING, INC.
NICE, CHARLES	776	CONSOLIDATED FREIGHTWAYS
ODZANA, FRANCIS A.	229	HARPER COLLINS PUBLISHERS, INC.
ORSER, FAYE	401	SCHULTZ'S, INC.
PEPSON, RUTHANN	229	HARPER COLLINS PUBLISHERS, INC.
REDCAY, ALVIN D.	776	PRESTON TRUCKING CO., INC.
ROSHINSKI, VICTOR	229	HARPER COLLINS PUBLISHERS, INC.
ROSS, JR. WILLIAM C.	229	ROADWAY EXPRESS, INC.
SANTIAGO, JESUS	773	ONE SOURCE
SCHRADEN, JR. WESLEY H.	773	STROEHMANN BAKERIES, L. C.
SEAMAN, ROBERT G.	229	CONSOLIDATED FREIGHTWAYS
SMITH, ARTHUR H.	229	PRESTON TRUCKING CO., INC.
SPOTTS, ALFRED E.	429	ST LAWRENCE DAIRY COMPANY
SPROUT, DONALD R.	771	READY MIXED CONCRETE CO.
STURTZ, ROBERT S.	776	ROADWAY EXPRESS, INC.
THOMPSON, WILLIAM	401	FRIEDMANS EXPRESS, INC.
WATERS, MICHAEL D.	771	MILLER & HARTMAN, INC.
WORRALL, JR. ALFRED R.	429	ARAMARK REFRESHMENT SERV., INC.
WRIGHT, HUGH W.	771	YELLOW FREIGHT SYSTEM, INC.
YAZBEK, NAJI	229	ROADWAY EXPRESS INC.

For the month of April, 2007

Name	Local	Employer
AHEARN, JR. JOHN W.	312	CHEMICAL LEAMAN TANK LINES, INC.
AMSPACHER, SR. CALVIN L.	776	KEYSTONE DISTRIBUTION CTR, INC.
ARMENIA, IGNATIUS J.	229	ROADWAY EXPRESS, INC.
ARNDT, SR. DAVID T.	429	COTT BEVERAGES WYOMISSING, INC.
BARNES, GORDON B.	764	SCHNEIDER-VALLEY FARMS, INC.
BENNETT, HAROLD L.	771	YELLOW FREIGHT SYSTEM, INC.
BLACK, MARY JANE	776	PERK FOODS C/O HEINZ PET
BOSSERMAN, FRED T.	776	UNITED PARCEL SERVICE, INC.
BOWER, RICHARD LEE	776	CARNATION CO/NESTLE USA, INC.
BOYER, EDWARD N.	771	YELLOW FREIGHT SYSTEM, INC.
CONLEN, LAWRENCE T.	312	LEASEWAY PERSONNEL CORP.
CRATER, SR. KENNETH H.	776	ROADWAY EXPRESS, INC.
DAVIS, JR. JOHN R.	229	ROADWAY EXPRESS, INC.
DEPETERS, PAULA	229	SCRANTON SEWER AUTHORITY
GENSEL, STANLEY E.	401	COON INDUSTRIES, INC.
GILL, JR. JAMES E.	776	ROADWAY EXPRESS, INC.
GINGERICH, MICHAEL P.	776	UNITED PARCEL SERVICE, INC.
GRIES, SR. THOMAS	429	JOHN PFROMMER, INC.
HAINLY, JR. EARL P.	429	VICTUS, LTD.
HARDY, ARTHUR W.	429	POWER PACKAGING, INC.
HERBEIN, JAMES	773	EASTERN INDUSTRIES, INC.
HERBERT, JOSEPH S.	776	SERVICE GROUP, INC.
HETRO, NOREEN ANN	229	TOPPS CHEWING GUM, INC.
HOY, GEORGE E.	429	J. C. EHRlich CO., INC.
HUFFMAN, GARY P.	764	ARKANSAS BEST FREIGHT SYS., INC.

For the month of April, 2007

Name	Local	Employer
JACOBS, DENNIS R.	776	ROADWAY EXPRESS, INC.
JOHNSTON, DONALD J.	429	LENTZ MILLING COMPANY
JONES, JACK	401	FRIEDMANS EXPRESS, INC.
JONES, WILLIAM J.	429	WINDSOR SERVICE TRUCKING
KALAC, JOHN E.	776	HESS TRUCKING COMPANY
KINSLER, FRED J.	312	MATLACK, INC., TERMINAL 5
KNOWLES, STEVE	773	ONE SOURCE
KRAH, SR. CHARLES	429	INTERNATIONAL PAPER
LACEY, SCOTT	776	CON-WAY EASTERN EXPRESS, INC.
LERCH, ROBERT F.	429	ASSOCIATED WHOLESALERS, INC.
LISIEWSKI, JOSEPH E.	229	AFFILIATED FOOD DISTR., INC.
MARKEL, JR. DONALD E.	776	ROADWAY EXPRESS, INC.
MCCLELLAN, NATHAN J.	764	BUTLER TRUCKING COMPANY
MEEHAN, MICHAEL D.	312	MATLACK, INC., TERMINAL 5
MEITROTT, FOSTER C.	429	J. C. EHRlich CO., INC.
MERKEL, KENNETH N.	773	SPECTOR FREIGHT SYSTEM, INC.
MEYERS, JAMES P.	776	UNITED PARCEL SERVICE, INC.
MILLER, GERALD A.	776	ARKANSAS BEST FREIGHT SYS., INC.
MILLIRON, RALPH R.	429	ASSOCIATED WHOLESALERS, INC.
NAJARIAN, VAHAN S.	429	J C EHRlich CO., INC.
NOEL, WILLIAM M.	776	ARKANSAS BEST FREIGHT SYS., INC.
PAPOUTSIS, SR. WILLIAM	429	COTT BEVERAGES WYOMISSING, INC.
PARRY, DONALD	401	RIDGLEY VIBRATED BLOCK, INC.
POLITO, ROBERT V.	776	INTERSTATE MTR FREIGHT SYS., INC.
POWELL, VIRGINIA L.	229	TOPPS CHEWING GUM, INC.
ROBERTS, MARY A.	773	MAKOVSKY BROTHERS, INC.
SCHWENK, SANDRA	429	LEHIGH VALLEY DAIRIES, INC.
SHOW, RUSSELL K.	999	ARKANSAS BEST FREIGHT SYS., INC.
SMITH, BEVERLY A.	764	UNITED PARCEL SERVICE, INC.
SNYDER, GERALD S.	773	ROADWAY EXPRESS, INC.
STERN, HARRY E.	771	HERMAN R. EWELL, INC.
STOLTZFUS, LARRY L.	776	TRANSCON LINES
TATE, JR. ROBERT	429	EXIDE CORPORATION
THRENHAUSER, GEORGE	776	MOTOR FREIGHT EXPRESS, INC.
TOWSAND, ROBERT W.	776	MOTOR FREIGHT EXPRESS, INC.
TSAKONAS, PETER E.	429	STROEHMANN BAKERIES, L. C.
WARD, JR. WILLIAM T.	429	ARKEMA, INC.
WATSON, BERNARD	776	HESS TRUCKING COMPANY
WEBSTER, EDWARD D.	776	CENTRAL STORAGE & TRANSFER CO.
WOLFE, ROBERT E.	764	P I E NATIONWIDE, INC.
ZAMMETTI, FRANK W.	776	YORK CONCRETE CO.

For the month of May, 2007

Name	Local	Employer
ALTHOUSE, HARRY L.	429	ASSOCIATED WHOLESALERS, INC.
BARRY, ROBERT T.	229	HARPER COLLINS PUBLISHERS, INC.
BEADLE, ELWYN D.	429	PENSKE LEASING, INC.
BRANDT, LINDA S.	776	TEAMSTERS & CHAUFFERS FEDERAL
BYRON, GERARD A.	229	HARPER COLLINS PUBLISHERS, INC.
DAY, III DANIEL E.	764	BRANCH MOTOR EXPRESS CO.

For the month of May, 2007

Name	Local	Employer
DORSHIMER, RONALD W.	776	ARKANSAS BEST FREIGHT SYS., INC.
ECKHART, JR. WILLIAM A.	773	BERKS PRODUCTS CORPORATION
EICHOLZ, SR. JOHN W.	776	ROADWAY EXPRESS, INC.
EMES, DONALD G.	429	WINDSOR SERVICE TRUCKING
EVANS, EDWARD A.	776	HESS TRUCKING COMPANY
FAIOLA, STEPHEN V.	771	KENOSHA AUTO TRANSPORT CORP.
FEY, KENNETH	429	POWER PACKAGING, AN EXEL CO.
FIDLER, JIMMIE L.	429	ASSOCIATED WHOLESALERS, INC.
FREES, JAMES E.	429	PRESTON TRUCKING CO., INC.
GARDNER, LARRY	776	ANDERSON LOGISTICS
GASPAR, FRANK J.	773	COCA-COLA BTLNG CO. LEHIGH VLLY
GIFT, SR. GARY L.	776	USF RED STAR
GILLIGAN, JAMES	229	AFFILIATED FOOD DISTR., INC.
GRAPES, RAYMOND	771	YELLOW FREIGHT SYSTEM, INC.
GREEN, JOSEPH D.	229	ROADWAY EXPRESS, INC.
HACKMAN, FLOYD L.	773	EASTERN INDUSTRIES, INC.
HANNON, JOHN J.	229	YELLOW FREIGHT SYSTEM, INC.
HAWKINS, JOHN	229	ROADWAY EXPRESS, INC.
HESS, MERLE CALVIN	776	ST. JOHNSBURY TRUCKING CO., INC.
HOBBS, MICHAEL J.	229	TOPPS CHEWING GUM, INC.
HODGE, GARY L.	776	CARNATION CO/NESTLE USA INC.
KEREK, JAMES JEFFREY	771	SYSTEM FREIGHT, INC.
KOHR, DOUGLAS M.	776	ARKANSAS BEST FREIGHT SYS., INC.
KOSIEROWSKI, MICHAEL	229	TOPPS CHEWING GUM, INC.
LEATHERY, JERRY R.	776	ROADWAY EXPRESS, INC.
LENKO, DAVID J.	429	ARAMARK REFRESHMENT SERV., INC.
LEWIS, LEROY R.	771	YELLOW FREIGHT SYSTEM, INC.
LONGFOOT, EDWARD	401	NORTH PENN TRANSFER, INC.
LUKAITIS, RONALD	229	SCRANTON SEWER AUTHORITY
MACLAY, DAVID MICHAEL	776	PRESTON TRUCKING CO., INC.
MICHAELY, JOHN F.	229	HARPER COLLINS PUBLISHERS, INC.
MICHETTI, DOMENICA	773	ONE SOURCE
MONROE, MURPHY A.	776	CONSOLIDATED FREIGHTWAYS
MOYER, RONALD R.	773	ASHLAND CHEMICAL COMPANY
MULLEN, MICHAEL P.	229	ROADWAY EXPRESS, INC.
MURRAY, JAMES G.	401	PLYMOUTH ROCK TRANS. CORP.
MUSNISKEY, SR. JOHN C.	773	SCHWERMAN TRUCKING, CO.
NESTER, JR. WARREN L.	429	APEX EQUIPMENT COMPANY
NOWOTARSKI, EDMUND P.	429	ROADWAY EXPRESS, INC.
PHILLIPS, SYDNEY	773	ONE SOURCE
PIVARNIK, THOMAS E.	776	ROADWAY EXPRESS, INC.
REHBEIN, FRANCIS G.	776	PRESTON TRUCKING CO., INC.
REID, DANIEL E.	764	INTERSTATE MTR. FREIGHT SYS., INC.
REYES, TOMAS	776	ROADWAY EXPRESS, INC.
ROBERTS, NICHOLAS F.	429	EXIDE CORPORATION
TALLO, JOSEPH	229	TOPPS CHEWING GUM, INC.
TROSTLE, RICHARD L.	776	CONSOLIDATED FREIGHTWAYS
WARD, RONALD E.	776	CAROLINA FREIGHT CARRIERS CORP.

For the month of June, 2007

Name	Local	Employer
ADKINS, S. RICHARD	776	CONSOLIDATED FREIGHTWAYS
ALLISON, JOHN E.	764	UNITED PARCEL SERVICE, INC.
ASBURY, SUSAN M.	229	TOPPS CHEWING GUM, INC.
BEAN, III HARRY H.	771	YELLOW FREIGHT SYSTEM, INC.
BIAGIOTTI, THOMAS J.	401	NORTH PENN TRANSFER, INC.
BLEVINS, JEFFREY R.	771	YELLOW FREIGHT SYSTEM, INC.
BORDEN, ROBERT S.	229	ROADWAY EXPRESS, INC.
BOWSER, RONALD S.	773	COCA-COLA BTLNG CO. LEHIGH VLLY
DELEVIELEUSE, GEORGE T.	771	HERMAN R. EWELL, INC.
DEVOE, RAYMOND F.	773	MATERIALS TRANSPORT SERVICE
DIEHL, BRUCE P.	776	ARKANSAS BEST FREIGHT SYS., INC.
DULANEY, PATRICK A.	764	UNITED PARCEL SERVICE, INC.
ECKERD, WALTER F.	771	YELLOW FREIGHT SYSTEM, INC.
FORCE, GARY KENT	771	HERMAN R. EWELL, INC.
FRANTZ, ROBERT T.	773	SCHWERMAN TRUCKING, CO.
GARDNER, MARTIN G.	229	CONSOLIDATED FREIGHTWAYS
GEROE, EDWARD F.	312	MATLACK, INC., TERMINAL 5
GINGERICH, ROBERT F.	429	ASSOCIATED WHOLESALERS, INC.
GRZENDA, REGINA M.	229	TOPPS CHEWING GUM, INC.
GUSTAFSON, DAVID H.	771	UNITED PARCEL SERVICE, INC.
HAKE, SR. EDWARD C.	776	ARKANSAS BEST FREIGHT SYS., INC.
HENRY, GARY D.	765	PORTION PACK FOOD SERVICE, INC.
KAKAREKA, JR. EDWARD L.	229	AKZO NOBEL SALT, INC.
KOCH, WAYNE S.	776	PRESTON TRUCKING CO., INC.
KRALL, LAWRENCE C.	776	USF RED STAR
KRATZ, KENNETH D.	429	ASSOCIATED WHOLESALERS, INC.
LENKER, TERRY LEE	776	USF HOLLAND, INC.
LYNCH, RICHARD L.	429	JONES MOTOR CO., INC.
MATTOCKS, GORDON L.	429	ASSOCIATED WHOLESALERS, INC.
MELLENDEZ, JOSE	773	ONE SOURCE
MILLER, DAVID E.	771	HERMAN R. EWELL, INC.
MILLER, JOHN H.	776	CENTRAL STORAGE & TRANSFER CO.
MOELLER, PHILLIP G.	429	THE MILLER GROUP, INC.
MOLL, RANDY	429	COTT BEVERAGES WYOMISSING, INC.
MUFFLEY, DAVID E.	776	PRESTON TRUCKING CO., INC.
NAGY, ROBERT D.	773	USF HOLLAND, INC.
ORNDORFF, DAVID L.	776	ANDERSON LOGISTICS
OVERFIELD, LAWRENCE	229	DIMARE FRESH, INC.
POST, ROBERT E.	401	SUPREME OIL COMPANY
REITANO, PHILIP C.	776	FLEMING COMPANIES, INC.
ROMIG, JR. WILLIAM H.	771	YELLOW FREIGHT SYSTEM, INC.
SCHAEFFER, ANNAMAE	429	BOYERTOWN AUTO BODY WORKS, INC.
SCOTT, STEPHEN W.	776	ARKANSAS BEST FREIGHT SYS., INC.
SHEEHAN, SR. DANIEL J.	776	ROADWAY EXPRESS, INC.
SMELTZER, DALE E.	771	YELLOW FREIGHT SYSTEM, INC.
SMITH, HAROLD	229	FERRANTI BEER DIST. CO.
STADEKER, WILKIE	773	P I E NATIONWIDE, INC.
STAUB, JAMES M.	771	YELLOW FREIGHT SYSTEM, INC.
STEPHENS, DAVID W.	771	YELLOW FREIGHT SYSTEM, INC.
SWANGER, KERRY A.	429	COTT BEVERAGES WYOMISSING, INC.
TAYLOR, STEVEN L.	776	FLEMING COMPANIES, INC.

For the month of June, 2007

Name	Local	Employer
THOMPSON, JR. JAMES C.	401	SHAWNEE READY MIX CONCRETE CO.
WAGAMAN, GERALD K.	776	ARKANSAS BEST FREIGHT SYS., INC.
WEAVER, DENNIS ALLEN	764	PILOT FREIGHT CARRIERS, INC.
WEAVER, HENRY G.	773	FRIEDMANS EXPRESS, INC.
WERKHEISER, WALTER J.	773	ST. JOHNSBURY TRUCKING CO., INC.
WOODMAN, DONALD	229	ROADWAY EXPRESS, INC.
YOHE, LARRY A.	776	CENTRAL STORAGE & TRANSFER CO.
ZELLERS, RICHARD	776	ROADWAY EXPRESS, INC.
ZUBRINITZ, GEORGE	937	M. L. DESSERT CORPORATION

For the month of July, 2007

Name	Local	Employer
ALLEN, THOMAS L.	229	UNITED PARCEL SERVICE, INC.
BAGLEY, JOHN F.	764	ROADWAY EXPRESS, INC.
BARTIK, JAMES R.	429	CARL R. BIEBER, INC.
BORTNER, DONALD L.	776	UNITED PARCEL SERVICE, INC.
BRIGGS, BARBARA	776	CONSOLIDATED FREIGHTWAYS
CAMPBELL, RODERICK J.	776	ARKANSAS BEST FREIGHT SYS., INC.
CITUK, JOHN J.	229	TOPPS CHEWING GUM, INC.
COOK, LESLIE R.	429	DIETRICH'S MILK PRODUCTS LLC
CORRELL, CRAIG W.	429	SCHROCK CABINET COMPANY
DAVIES, DUANE W.	229	HARPER COLLINS PUBLISHERS, INC.
DISKIN, JOSEPH T.	229	TOPPS CHEWING GUM, INC.
DUDZINSKI, PAUL	229	ROADWAY EXPRESS, INC.
EISENHAUER, WAYNE	401	SHAWNEE READY MIX CONCRETE CO.
FINNEY, DENNIS J.	776	WILSBACH DISTRIBUTORS, INC.
FISHER, JR. PAUL C.	429	PACO PRODUCTS, INC.
FRABLE, ROY C.	773	KEYSTONE COCA-COLA BTLG CO., INC.
HAMILTON, THOMAS R.	229	TOPPS CHEWING GUM, INC.
HANKEE, CONNIE S.	773	HARRY E. ORKIN, INC.
HILL, FRANKLIN S.	229	ROADWAY EXPRESS, INC.
HILLIARD, BURTON W.	229	ROADWAY EXPRESS, INC.
HOKE, JR. JOHN N.	776	ARKANSAS BEST FREIGHT SYS., INC.
HOLUB, ROBERT D.	773	UNARCO COMMERCIAL PRODUCTS, INC.
HULET, STANLEY	429	ST. CLAIR BOROUGH COUNCIL
JACKSON, JAMES C.	776	TRANSCON LINES
KECK, DENNIS R.	229	CONSOLIDATED FREIGHTWAYS
KINSEY, DOUGLAS W.	771	YELLOW FREIGHT SYSTEM, INC.
KNIGHT, JODY G.	429	COTT BEVERAGES WYOMISSING, INC.
LONG, DAVID WILLIAM	429	SUPERVALU, INC.
LOPATKA, MICHAEL J.	229	SCRANTON SEWER AUTHORITY
MARSH, RUSSELL	776	DRIVERS, INC.
MCGARRIGLE, JAMES J.	771	YELLOW FREIGHT SYSTEM, INC.
MIEZITIS, JOHN W.	771	YELLOW FREIGHT SYSTEM, INC.
MILLER, PAUL E.	776	ROADWAY EXPRESS, INC.
MILLER, JR. RAYMOND K.	429	JONES MOTOR CO., INC.
MITCHELL, GEORGE	401	WISE FOODS
MONTGOMERY, ROBERT R.	771	YELLOW FREIGHT SYSTEM, INC.
MORRISON, KARL W.	776	ANDERSON LOGISTICS
PERRY, DEANA N.	312	CHEMICAL LEAMAN TANK LINES, INC.

For the month of July, 2007

Name	Local	Employer
PERUGINO, PATRICK	229	ROADWAY EXPRESS, INC.
PHILLIPS, ROBERT L.	429	STROEHMANN BAKERIES L.C.
RABOLD, DONALD	771	READY MIXED CONCRETE CO.
RAGLAND, CHARLES L.	776	PRESTON TRUCKING CO., INC.
REYNOLDS, CHESTER L.	771	MILLER & HARTMAN, INC.
RITTER, DONALD L.	429	SUPERVALU, INC.
RUPP, WILLIAM	229	TOPPS CHEWING GUM, INC.
SCHAEFFER, JEFFREY L.	776	ARKANSAS BEST FREIGHT SYS., INC.
SECOR, JAMES P.	229	ROADWAY EXPRESS, INC.
SMITH, CLARA MAY	776	PERK FOODS C/O HEINZ PET
SNYDER, GARY L.	776	UNITED PARCEL SERVICE, INC.
STONER, FRANCIS R.	776	ARKANSAS BEST FREIGHT SYS., INC.
STRATTON, KENNETH R.	771	CONSOLIDATED FREIGHTWAYS
TIMLIN, MARGARET A.	229	HARPER COLLINS PUBLISHERS, INC.
TRIMBLE, PAUL D.	771	YELLOW FREIGHT SYSTEM, INC.
VACCHIANO, LORRAINE	229	TOPPS CHEWING GUM, INC.
VAN SCHAICK, ROBERT C.	999	ARKANSAS BEST FREIGHT SYS., INC.
VOGEL, JR. PAUL E.	429	COTT BEVERAGES WYOMISSING, INC.
WHITMIRE, CARL E.	401	WISE FOODS
WILLIAMS, WAYNE L.	429	BERKS PRODUCTS CORP.
WILLIAMS, JR. JACK R.	429	ARKANSAS BEST FREIGHT SYS., INC.
WILSON, LARRY D.	764	CENTRE CONCRETE COMPANY

Notice to Retirees:

Please notify the Fund Office if your bank merges with another bank and the following applies:

- your pension check is directly deposited into your checking account;
- **or**
- your monthly Health & Welfare premium payments are electronically transferred from your bank to the Fund.

The Fund Office needs to make adjustments to your records in the event of a merger, even if your bank tells you that no adjustments are necessary. Please help the Fund Office keep your records up to date. You will save the Fund Office time and money by doing so. Thank you.

Central Pennsylvania Teamsters Pension Fund and Central Pennsylvania Teamsters Health and Welfare Fund

Trustees:

William M. Shappell – Chairman & Union Trustee
Tom J. Ventura – Secretary and Employer Trustee
Kevin M. Cicak – Union Trustee
Tomm Forrest – Employer Trustee
Peter G. Hassler – Employer Trustee
Mike Jones – Employer Trustee
Keith L. Noll – Union Trustee
Howard W. Rhinier – Union Trustee
Michael P. Rys – Union Trustee
Daniel W. Schmidt – Employer Trustee
Joseph J. Samolewicz, Administrator
Martin L. Cullen, Assistant Administrator

Professional Advisors:

Beyer-Barber, Health and Welfare Fund Actuary & Consultant
Novak Francella, LLC, Certified Public Accountants
Summit Strategies, Investment Consultant
Stevens & Lee, Legal Co-Counsel
The Savitz Organization, Pension Fund Actuary & Consultant
Willig, Williams and Davidson, Legal Co-Counsel
Thelen Reid Brown Raysman & Steiner, Legal Co-Counsel

Investment Managers for the

Central Pennsylvania Teamsters Health and Welfare Fund:

Aronson+Johnson+Ortiz, LP
Causeway Capital Management, LLC
INTECH – Enhanced Investment Technologies, LLC
Rothschild Asset Mgt., Inc.
SEI Investments
Walter Scott & Partners, Ltd.

Investment Managers for the

Central Pennsylvania Teamsters Pension Fund:

Aberdeen Asset Management, Inc.
Aronson+Johnson+Ortiz, LP
The Boston Company Asset Management, LLC
Causeway Capital Management, LLC
DSI International Management, Inc.
INTECH – Enhanced Investment Technologies, LLC
LSV Asset Management
Mesirow Financial, Inc.
Post Advisory Group, LLC
Principal Financial Group
Prudential Insurance Company of America
Rothschild Asset Mgt., Inc.
State Street Global Advisors
Walter Scott & Partners, Ltd.
Western Asset
Westfield Capital Management Company, LLC

Important Information from the Fund Office

Fund Office Contact Information

Contact the Fund Office directly with any questions on Health and Welfare or Pension benefits. The Fund staff is available Monday through Friday from 7:30 a.m. to 4:00 p.m.

Telephone Numbers:

<i>Health & Welfare</i>	<i>Pension</i>
(610) 320-5500	(610) 320-5505
Toll free in PA 1-800-422-8330	Toll free in PA 1-800-343-0136
Nationwide: 1-800-331-0420	Nationwide 1-800-331-0420

Reminder-Keep Your Information Current with the Fund Office

Please remember to keep your address, dependent and beneficiary information updated with the Funds. You can call or mail in address changes to the Fund. You can call the Fund offices or visit www.CentralPATeamsters.com to obtain beneficiary change forms to complete and send in to the Fund office.

Note: The Fund Office has extended its hours on a trial basis from 7:30 a.m. to 5:00 p.m.

Direct Deposit: It's Convenient, Safe and Easy!

Would you like to be sure that your pension check is available to you on the first business day of each month? You can be certain if you use direct deposit! Eliminate the worries of delayed mail delivery, postponed trips to the bank because of bad weather or when you are out of town, lost or stolen checks, waiting in long lines at the bank, or waiting for your check to clear at the bank.

It's easy to sign up! Just call the Fund Office or visit www.CentralPATeamsters.com (click on "Forms") to get the form. Fill it out and return it to the Fund Office. It takes about 30 days to complete the process. Then relax and enjoy the comfort of knowing that your pension check is available to you each month without delay.

Important: If you are currently using direct deposit and your bank name and/or account number changes, please notify the Fund immediately. If you change banks and need to complete a new form, simply call the Fund Office or visit www.CentralPATeamsters.com (click on "Forms") to get a new form. Please note that direct deposit changes usually take 30 days to become effective after you notify the Fund. After you request a change, your first check will be mailed to your home. Thereafter, your check will be directly deposited to your bank account.

Central PA Teamsters

P.O. Box 15223
Reading, PA 19612-5223

Return Service Requested



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Visit Our Website at:
www.CentralPATeamsters.com